

February 2025 | Wellman Union Cafe



Announcements:

White, Chocolate, and Strawberry Milk Served Daily

Fresh Fruit and Juice Served Daily

* Menu is Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage Kolache Yogurt or Cereal Variety Toast	4 Early Bird Sandwich or Breakfast Crackers Yogurt	5 Biscuit –n- Sausage or Breakfast Parfait	6 Breakfast Pizza or Breakfast Strudel Cheese Stick	7
10 Pancakes Bacon or Cereal Variety Toast	11 Breakfast Burrito Hashbrown or Breakfast Bread Yogurt	12 Morning Griddle Sandwich or Muffin Yogurt	13 Breakfast Combo or Breakfast Crackers Cheese Stick	14
17 Breakfast Pizza or Cereal Variety Toast	18 French Toast Sausage or Breakfast Crackers Cheese Stick	19 Biscuit Gravy Scrambled Eggs Bacon or Muffin Yogurt	20 Pancake Wrap Yogurt or Breakfast Bread Yogurt	21
24 Waffles Bacon or Cereal Variety Toast	25 Sunrise Sandwich or Breakfast Crackers Cheese Stick	26 Oatmeal Cinnamon Toast or Breakfast Parfait	27 Donut Sausage or Breakfast Round Yogurt	28



Beets

Season in Texas: January - March;
September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 6/6/2024
National School Lunch Program

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Announcements:

White Milk Served Daily (Pre-K)

White, Chocolate, and Strawberry Milk Served Daily (K-12)

Fresh Fruit and Juice Served Daily (HS)



* Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Meat & Cheese - Chalupas / Salsa Spanish Rice (HS) Refried Beans Corn / Pudding Orange Smiles	4 Pulled Pork Sliders Carrots Squash Grapes	5 Cheeseburger Chips Tomato Cup Garden Salad Pears	6 Ranchero Wrap Corn Cucumbers Rosy Applesauce Cookies (K-12) Animal Crackers (PreK)	7
10 Breaded Drumstick Biscuit Garden Salad Sweet Potatoes Seasonal Fresh Fruit	11 Walking Taco Pinto Beans Tomatoes Chilled Pineapple Brownies (K-12) Teddy Grahams (PreK)	12 French Bread Pizza Celery Carrots Mixed Fruit Sherbet	13 Steak Fingers Gravy Roll Savory Green Beans Corn Peaches	14
17 Oven Fried Chicken Mashed Potatoes Tomato Cup Roll Fruit Cup	18 Nachos Grande Salsa Refried Beans Cucumbers Apricots Ice Cream Cup	19 Breaded Pork Chop Gravy Broccoli Corn Roll Mandarin Oranges	20 Pizza Carrots Savory Green Beans Seasonal Fresh Fruit Crispy Treats (K-12) Graham Crackers (PreK)	21
24 Fish Sticks Oven Fries Okra Roll Strawberries	25 Chicken Fajitas Spanish Rice (HS) Beans / Salsa Carrots Hot Cinnamon Apples Frozen Yogurt Cup	26 Meatball Sub-Sandwich / Peaches Garden Salad Savory Green Beans Cookies (K-12) Animal Crackers (Pre-K)	27 Pig in a Blanket Oven Fries Tomato Cup Snowball Salad	28



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